

Aligning With Your Higher Self

Creating A Spiritual Reality Through...

- YOGA
- MEDITATION
- SOUND HEALING
- WOMEN'S CIRCLE
- PRANYAMA (BREATH WORK)

Free yourself from the limitations of the mind, which can hold you back from experiencing LIFE'S MAGIC & MIRACLES

Saturday - October 5, 2019 from 10:00AM - 4:00PM

at Fox Farms, Westlake Village

address will be provided upon registration

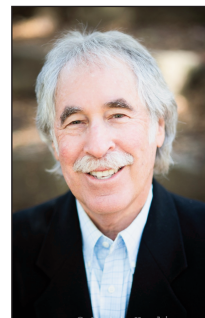
INVESTMENT - \$95. per person, includes lunch & snacks

- Please Join Us For An Incredible Experience -

FACILATATOR: Chandra Gero - Certified Therapeutic Yoga Instructor

SPECIAL GUESTS: Astrid Kastenberg - Certified Yoga Teacher & Spiritual Life Coach, Sound Healer Practitioner

Jeff Gero Ph.D - Pioneer in the field of stress management and creator of the Success Over Stress System



SPACE IS LIMITED! SIGN UP NOW!

Send check to: Chandra Gero • 5907 Carell Avenue • Agoura Hills 91301

Or Venmo @Chandra-Gero

For more information call 818.640.2046

Please wear comfortable clothing. No Yoga experience necessary.